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BBL PHOTOFACIAL + EXCEL V LASER AFTER CARE
FOR TREATMENT OF PIGMENTATION

AFTER TREATMENT

You may have a mild sunburn sensation following treatment that is usually gone within a few hours. Skin redness, flaking, mild bruising and/or slight edema (swelling) is normal and may last a couple of days.

Cold compresses or ice packs can be used to reduce swelling or discomfort if needed. Hydrocortisone (steroid) cream may decrease any itching or skin irritation.

Your skin will be fragile for 2-3 days. Use gentle cleansers (Cetaphil, CereVe), lukewarm water and do not rub the skin vigorously. Skin moisturizers and makeup may be used immediately.

It is important to avoid sun exposure and tanning creams between treatments. Use a broad spectrum (UVA/UVB) sunblock SPF 30 or greater on the treatment area at all times. We prefer physical blockers with zinc oxide. It should be reapplied every 2 hours if outside.

The pigmented areas (freckles, sunspots) will usually darken after treatments. Crusting of the skin can form. Please allow these areas to naturally flake off for best results. It may take 7-10 days or longer for brown spots to lighten.

AVOID irritants such as Retin-A, Retinol, Renova, Differin, Tazorac, glycolics, bleaching creams and exfoliants for 1 week.

AVOID chemical peels, facials and microdermabrasion for 1 week.

Bruising may be covered with makeup.

FOLLOW UP TREATMENT

Follow up treatments should be scheduled every 3-6 weeks.

Consistent treatments will produce the best results. For pigmentation, 2-4 treatments may be all that is necessary initially, and maintenance treatments are usually needed at least every six months. For diffuse redness (rosacea), it may take 4-5 treatments for optimal results.

If you have any questions or concerns, or experience an unexpected reaction, please call us immediately. A physician can always be reached after hours. We are happy to speak to you any time (561) 296-5222.