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EXCEL V LASER VEIN TREATMENT + SCLEROTHERAPY AFTER CARE

No hot baths and/or Jacuzzi for a few days after the procedure.

No aerobic exercise, especially of the lower extremities for at least 24 hours following the procedure.

No aspirin or aspirin-containing products, NSAIDS (Motrin, Advil, Aleve), fish oil, vitamin E or ginkgo biloba
for 3-4 days after the procedure.

Wear a support hose at least 24 hours after the treatment or as indicated by your provider.

Try to avoid jogging or bike riding for a week after sclerotherapy.

When you are sitting down, try to elevate your feet and do not cross your legs.

A series of 2-4 treatments or more may be needed for optimal results.
Please allow 6 weeks between each treatment.

If you have excessive pain or tenderness in the leg, please call the office immediately.

If you have any questions or concerns, or experience an unexpected reaction, please call us immediately. A physician can always be reached after hours. We are happy to speak to you any time (561) 296-5222.