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### **NEUROTOXIN AFTER CARE**

- 1.) Do not lie down for 4 hours.
- 2.) Work the treated areas by wrinkling the forehead or frowning for one to two hours following the procedure (this helps force the neurotoxin into the muscle).
- 3.) Do not exercise (running, aerobics, weight lifting, etc...) for 24 hours following the injection.
- 4.) No aspirin or ibuprofen for 24 hours following the injection.
- 5.) It will take approximately 2 weeks for the full effect to be achieved, if you feel you need a "touch-up" at this time please call the office.

A slight bruising at the injection site is not uncommon especially with patients who bleed easily or have taken any blood thinning products in the last 7-10 days prior to the injection.

You can also call if you need a post procedure laser to help your bruise heal faster.

If you have any questions or concerns please feel free to call  
(561) 296-5222.