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## **SKIN PEN AFTERCARE**

Post Procedure Protocol:

\*\*\* It is recommended to wait 2 weeks post filler treatment and 48 hours post neurotoxin treatment for Skin Pen treatment.

- 1.) Avoid excessive sweating, exercising and direct sun exposure for 72 hours
- 2.) Do not pick, peel or scratch the skin
- 3.) A gentle cleanser like Cerave or Cetaphil is recommended post treatment
- 4.) Avoid using a sauna/steam room and exposure to chlorine in swimming pools
- 5.) Discontinue the use of any retinol, hydrocortisone and alpha hydroxy acid product for 72 hours (only use what is discussed with your provider)
- 6.) Do not wax treated area for 7 days
- 7.) Wear a broad-spectrum sunscreen 30 or higher daily (starting the day after treatment)
- 8.) Mineral Makeup can be worn the next day

Side Effects Post Procedure:

After the procedure the skin may be red and flushed in appearance (similar to a mild sunburn). You may also experience mild plumping/swelling, skin tightening and mild sensitivity to touch on the area treated. This will diminish after a few hours and into the next day.

Multiple treatments may be required to achieve the desired result and will be discussed with your provider prior to the treatment Please make sure to stay on schedule with any consecutive treatments to help ensure your best treatment outcome.

Pre & post treatment we suggest products with antioxidants, growth factors & Retin-A to enhance and optimize your results.

Please discuss with your provider which is appropriate for your individual skin type.  
Should you have any questions or concerns we can be reached at (561)296-5222.